

AFRH - G / MASTER MENUS / F-1a, MAY 2015 / CYCLE FOUR - REGULAR LINE / WEEK OF 12 / 26 / 2016

	BREAKFAST - 07:00 - 08:30	LUNCH - 11:30 - 13:00	DINNER - 16:30 - 18:00
M O N Dec 26th	Donuts / Bran Muffins Assorted Muffins Oatmeal / Grits Eggs to Order Eggs - Scrambled / Hard Boiled Pork Bacon French Toast / Shredded Hash Browns Biscuits / Sausage Gravy	Clam Chowder Navy Bean Soup Meatballs w/Cheese Tortellini 'n Cream Sauce Fried Pork Chops Baked Sweet Potatoes Steamed Asparagus Brussels Sprouts Assorted Rolls / Cornbread	Clam Chowder Egg Drop Soup Assorted Deli Meats / Cheeses Grilled Teriyaki Chicken Sticks Asian Stir Fried Rice Stir Fried Asian Vegetables Whole Green Bean Almandine Brown&Serve Rolls / Sliced Bread
T U E S Dec 27th	Donuts / Bran Muffins Pecan Swirl Danishes Oatmeal / Grits Eggs to Order Eggs - Scrambled / Hard Boiled Creamed Chipped Beef Lyonnais Potatoes Biscuits / Country Gravy	Butternut Squash Soup Cheesy Taco Soup Turkey, Crm Cheese, Cran on Wheatberry Red Beans w/Smoked Sausage Steamed White Rice Mustard Greens Mixed Vegetables Corn Muffins / Cornbread	Butternut Squash Soup Cheesy Taco Soup Assorted Deli Meats / Cheeses Lemon Butter Baked Fish Alfredo Egg Noodles Club Spinach Baked Parmesan Tomatoes Dinner Rolls / Sliced Bread
W E D Dec 28th	Donuts / Bran Muffins Assorted Coffee Cakes Oatmeal / Grits Eggs to Order Eggs - Scrambled / Hard Boiled Grilled Ham Steaks Buttery Potatoes / Baked Beans Corn Muffins / Biscuits / Country Gravy	Chili Bean Soup Turkey, Spinach & Lentil Soup Assorted Pizza Slices Chicken Pot Pie Buttered Diced Potatoes Sautéed Cabbage Hoosier Corn Casserole Slider Rolls / Cornbread	** BREAKFAST NIGHT ** Soups of the Day Sausage / Bacon / Deli Meats / Cheeses Scrambled Eggs / Eggs to Order Spanish Eggs Casserole Grits w/Cheese on Side/ Cntry Gravy Pancakes to Order at the Grill SOS/ Biscuits / White & Wheat Bread
T H U R S Dec 29th	Donuts / Bran Muffins Cinnamon Rolls Oatmeal / Grits Eggs to Order Eggs - Scrambled / Hard Boiled Sausage Patties / Shredded Hash Browns Pancakes / Strawberry Topping Biscuits / Country Gravy	Kansas City Steak Soup Split Pea w/Ham Soup Corn Dogs w/Variety Mustard Packs Fried Chicken Mashed Potatoes w/Chicken Gravy Carrot Soufflé Sugar Snap Peas Yeast Rolls / Cornbread	Kansas City Steak Soup Split Pea w/Ham Soup Assorted Deli Meats / Cheeses Flank Steak w/Bordelaise Sauce Baked Potato w/Sour Crm/Butter Sautéed Rutabagas Creamed Cauliflower Slider Rolls / Sliced Bread
F R I Dec 30th	Donuts / Bran Muffins Assorted Danishes Oatmeal / Grits Eggs to Order Eggs - Scrambled / Hard Boiled Creamed Ground Beef Home Fried Potatoes Biscuits / Country Gravy	Creamy Chicken & Wild Rice Soup Tomato Florentine Soup Hot Tamales Fried Shrimp w/Cocktail/Tartar Sauce Potato Logs Sautéed Squash Speckled Butter Beans w/Okra Hushpuppies / Cornbread	Creamy Chicken & Wild Rice Soup Tomato Florentine Soup Assorted Deli Meats / Cheeses Meatloaf Mashed Potatoes w/Gravy California Blend Vegetables Cinnamon Beets Yeast Rolls / Sliced Bread
S A T Dec 31st	Donuts / Bran Muffins Honey Buns Oatmeal / Grits Eggs to Order Eggs - Scrambled / Hard Boiled Corned Beef Hash O'Brian Potatoes Biscuits / Sausage Gravy	Home Style Chicken Noodle Soup Corn & Potato Chowder Asian Chicken Salad Ground Beef and Tomato Lasagna Broccoli Florets Sautéed Fresh Zucchini Chunks Garlic Bread / Cornbread	Home Style Chicken Noodle Soup Corn & Potato Chowder Assorted Deli Meats / Cheeses Chicken Cordon Bleu Rice Pilaf w/Chicken Cream Sauce Green Bean Casserole Stewed Okra Brown&Serve Rolls / Sliced Bread
S U N Jan 1st	Donuts / Bran Muffins Cinnamon Rolls Oatmeal / Grits Eggs to Order Eggs - Scrambled / Hard Boiled Grilled Ham Steaks / Cheesy Potatoes Waffles / Banana Topping Biscuits / Country Gravy	NEW YEAR'S DAY LUNCH Vegetarian Soup / Cajun Gumbo Oyster Stew / Oyster Crackers Pot Roast w/Gravy Mashed Potatoes / Dinner Rolls Blackeyed Peas & Rice Stewed Cabbage & Cornbread Irish Crm Pie/ Brwn/ Strwbry Cheecake	Vegetable Soup Cajun Gumbo Assorted Deli Meats / Cheeses Barbeque Baby Back Ribs Potato Salad / Baked Beans Turnip Greens / Cornbread Coleslaw Dinner Rolls / Sliced Breads

DESSERTS - REGULAR LINE

Mon	Strawberry Cream Pie
Tue	Cranberry Oatmeal Cookies
Wed	Orange Cake
Thu	Peanut Butter Chocolate Pie
Fri	Key Lime Pie
Sat	Chocolate Cookies
Sun	Blueberry Almond Bread Pudding

DESSERTS - DIET LINE

NSA Coconut Cream Pie
Assorted SF Cookies
Fresh Fruit Cups
Angel Cake w/Fruit Cocktail
NSA Peach Pie
Assorted SF Cookies
Tropical Fruit Cups

DAILY SHORT ORDER LINE - LUNCH ONLY

Grilled Hamburgers w/ Buns / Sliced Cheese
Grilled Hot Dogs w/ Buns / Chili / Cheese Sauce
Grilled Chicken Breast w/ Corn Rolls
Grilled Cheese Sandwiches on White or Wheat
Condiments: Green Leaf Lettuce / Sliced Tomatoes
Sliced Red Onions / Dill Pickle Slices
Horseradish / Bacon / French Fried Potatoes